

SOCIAL DISTANCING ADVISORY GAMES/ACTIVITIES

If sharing game supplies, use lots of hand sanitizer.

Gloves will be provided if you prefer to use them while playing games.

Noodle Tag

- Players: 4 or more
- Where to play: Outdoors

How to play: Grab a few friends, more than four is ideal, and give everybody a pool noodle. When someone is "it" they have to tag their buddies by using the end of the noodle. Soft and bendy so nobody gets hurt, but also social-distanced approved so no one comes too close!

Kick It with Kickball

- Players: 4 or more
- Where to play: Outdoors

How to play: A popular pastime of anyone growing up in the '90s, kickball is a smart way to get a larger group of your child's buddies together (ideal for more than four). Meet outside so there's plenty of open space and bring your pool noodles to use as bases or for keeping the distance when kids are waiting in line to kick the ball.

Scavenger Hunt

- Players: 4 or more
- Where to play: Indoors or outdoors

How to play: Start with a basic clue like, "Find something that starts with an A, B, C Z." Or you can have kids search for items they are grateful for or something that's their favorite color. Or have the students take a photo of the item or take a selfie with the item across campus/ within the Upper School building. Here are a few clues you could use:

1. *I've got buttons and numbers and can give things a zap. I'm here to warm and heat up your snacks. (Microwave)*
2. *I have all the answers, can create many a thing, there's really no telling what my keys and mouse might bring. (Laptop)*
3. *Paper comes in, and paper goes out, but adding words in between is what I'm all about. (Printer)*
4. *Look at me and you'll see a familiar sight, you can't beat my movements, try as you might. (Mirror)*
5. *Feeling cold? Then don't forget me! Throw me on before you go. I'm nothing special, everyone has me. People wear me when the temperature's low. (Jacket)*
6. *On, off, that's all I do. But my purpose does more for you! Turn me on when it's dark at night. My brightness beats out candlelight. (Lamp)*
7. *Take a gulp to cool yourself down. When it comes to beverages, I wear the crown. Not quite as sweet as soda or juice, but no other drinks could exist without my use. (Water)*
8. *Stepping out? Wear me first! I'll protect your feet from the worst. (Shoes)*
9. *Tall and strong, I stay outside. The sun, the rain, they're by my side. I give birds homes and help you breathe. I even give you fruit to eat. (Trees)*

10. *Step and step and step, you go. To reach the top, you will start low. With ever step, the goal you'll reach. Although the journey might make it hard to breathe. (Stairs)*

Yoga

- Players: Any number
- Where: Outside or Inside - Spaced out in a classroom or around US building

How to: Have each student bring a yoga mat or towel from home. On YouTube, there are lots of different "Beginner Yoga" videos available.

Cookie Decorating

- Where to play: 6 feet apart Indoors or outdoors

How to play: Even frontline workers, like one New York pediatrician, agree that socially-distanced play dates should take place. She suggests cookie decorating with kids placed at opposite ends of an outdoor dining table. Each child can have their own bowls with sprinkles, icing, and other baked goods so there's no worry about sharing germs. Then everyone gets to indulge!

Water Bottle Bowling

- Players: Any number
- Where: Outside or Inside - Spaced out in a classroom or around US building
- Equipment needed: 10 bottles of water and a soccer or playground ball.

Before dragging your empty plastic water bottles out to the curb on recycling day, give them another go...as outdoor bowling pins. (Who knew [staying hydrated](#) could inspire such fun?) Refill any 10 bottles of the same size with water, set them on the ground in a triangular formation, and you're ready to rack up strikes. For a fun variation, try soccer-style bowling, kicking the ball to topple the pins.

Go the social distance: As one player bowls, station another near the bottle pins to help retrieve the ball. If multiple players are touching the ball, use hand sanitizer frequently throughout the game.

Paper Airplane Contest

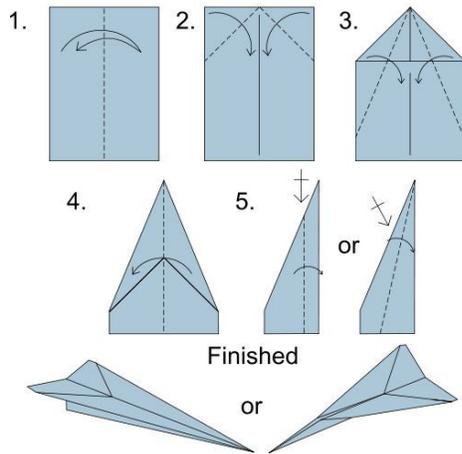
- Players: Any number
- Where to play: Indoors or outdoors
 - Maybe off of the 1st floor Landing? ;)

How to play: Give your participants supplies to make their airplanes; paper, markers, scissors. Let the students who already know how to make one make theirs while you lead a tutorial for the kids who don't. Demonstrate how you make your airplane and help the younger kids get clean folds. Have them decorate their planes.

You can introduce things like tape and paperclips for them to use, too. If their airplane tends to dive to the ground, the front of their plane may be too heavy and they could try adding a paperclip to the back. If it tends curve upward it could use some weight on the front. If it curves to either side it's wings may be bent or it is asymmetric.

Let them practice flying a bit. Then have a flight contest. You can have them line up and all fly their planes at once. To make the activity last longer you can have them go one at a time; have them each fly their planes to see who's goes farthest, then go through the line once or twice more to give them another chance. Maybe ask the winner to show everyone else how they made or modified their plane.

The Dart



Knolling

Take out the contents and lay it out to display what you keep in your backpack or purse. Aesthetically shown, see the example. Students can take turns showing what they keep in their bags.

- This activity allows students to share their personalities with you.
- It is also a way for them to express themselves as well as share commonalities with others in the group.
- It opens up a conversation about who they are.



Group Playlist

Ask your advisees - What's the first song you downloaded? What's your favorite song? Songs for different moods?

- Once students share their favorite songs, you can generate them into a playlist. Put it on shuffle. Listen to it throughout the year.
 - Might need to make sure songs are "PG-13" :)